

# LOOK

Sunday 19 December 2021  
 Luke 1:39-45  
 4th Sunday of Advent

## In the GOSPEL TODAY

### Jump for Joy

Arthur is really happy and is jumping for joy! What makes you really happy? Draw yourself jumping for joy next to Arthur.



Mary rushes to meet her cousin, Elizabeth. They are both expecting babies and are really happy to see each other.

### Mary and Elizabeth

Here is a picture of Mary meeting Elizabeth. They are really excited and pleased to see each other. Put a big smile on their faces to show how happy they are.



Elizabeth knew that Mary's baby was very special. Even the baby in Elizabeth's womb knew the baby Jesus was very special. He jumped for joy!

### Hail Mary

Elizabeth's words to Mary have become part of a special prayer. We know this prayer as the Hail Mary. Can you fill in the missing words?



I want to jump for joy when...

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Hail ....., full of ....., the Lord is with thee. ....  
 art thou among women and blessed is the ..... of thy  
 womb, ..... Holy Mary, ..... of God, ..... for us  
 sinners now and at the hour of our death. ....

### A PRAYER TO SAY

Mary, you are very special. You said "yes" to God and showed us how to love. Help me to say "yes" to God so that I can bring love into the world and spread joy too! Amen.

### Welcoming Heart

Elizabeth welcomed Mary when she came to visit. Is my heart ready to welcome Jesus?

How many hearts can you find on this page?

