

**ENTRANCE ANTIPHON**

*Be my protector, O God,  
a mighty stronghold to save me.  
For you are my rock, my stronghold!  
Lead me, guide me, for the sake of your name.*

**COLLECT**

O God, who teach us that you abide  
in hearts that are just and true,  
grant that we may be so fashioned by your grace  
as to become a dwelling pleasing to you.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

**FIRST READING** Jeremiah 17:5-8  
A reading from the prophet Jeremiah.

The Lord says this:

“A curse on the man who puts his trust in man,  
who relies on things of flesh,  
whose heart turns from the Lord.  
He is like dry scrub in the wastelands:  
if good comes, he has no eyes for it,  
he settles in the parched places of the wilderness,  
a salt land, uninhabited.  
“A blessing on the man who puts his trust in the Lord,  
with the Lord for his hope.  
He is like a tree by the waterside  
that thrusts its roots to the stream:  
when the heat comes it feels no alarm,  
its foliage stays green;  
it has no worries in a year of drought,  
and never ceases to bear fruit.”  
The word of the Lord.  
**Thanks be to God.**

**PSALM** Psalm 1

**RESPONSE:** *Happy the man who has placed  
his trust in the Lord.*

- Happy indeed is the man  
who follows not the counsel of the wicked;  
nor lingers in the way of sinners  
nor sits in the company of scorners,  
but whose delight is the law of the Lord  
and who ponders his law day and night. **R.**
- He is like a tree that is planted  
beside the flowing waters,  
that yields its fruit in due season  
and whose leaves shall never fade;  
and all that he does shall prosper. **R.**
- Not so are the wicked, not so!  
For they like winnowed chaff  
shall be driven away by the wind.  
For the Lord guards the way of the just  
but the way of the wicked leads to doom. **R.**

**SECOND READING** 1 Corinthians 15:12. 16-20  
A reading from the first letter of St Paul to the Corinthians.

If Christ raised from the dead is what has been preached, how  
can some of you be saying that there is no resurrection of the  
dead? For if the dead are not raised, Christ has not been raised,  
and if Christ has not been raised, you are still in your sins. And  
what is more serious, all who have died in Christ have perished.  
If our hope in Christ has been for this life only, we are the most  
unfortunate of all people.

But Christ has in fact been raised from the dead, the first-fruits  
of all who have fallen asleep.

The word of the Lord.  
**Thanks be to God.**

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!*

Or

*Alleluia, alleluia!  
Rejoice and be glad:  
your reward will be great in heaven.  
Alleluia!*

**GOSPEL** Luke 6:17. 20-26

A reading from the holy Gospel according to Luke.

Jesus came down with the Twelve and stopped at a piece of level  
ground where there was a large gathering of his disciples with a  
great crowd of people from all parts of Judaea and from Jerusalem  
and from the coastal region of Tyre and Sidon who had come to  
hear him and to be cured of their diseases.

Then fixing his eyes on his disciples he said:

“How happy are you who are poor: yours is the kingdom of God.  
Happy you who are hungry now: you shall be satisfied.  
Happy you who weep now: you shall laugh.

“Happy are you when people hate you, drive you out, abuse  
you, denounce your name as criminal, on account of the Son of  
Man. Rejoice when that day comes and dance for joy, for then your  
reward will be great in heaven. This was the way their ancestors  
treated the prophets.

“But alas for you who are rich: you are having your consolation  
now.

Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

“Alas for you when the world speaks well of you! This was the way  
their ancestors treated the false prophets.”

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

May this oblation, O Lord, we pray,  
cleanse and renew us  
and may it become for those who do your will  
the source of eternal reward.  
Through Christ our Lord.  
**Amen.**

**COMMUNION ANTIPHON**

*They ate and had their fill,  
and what they craved the Lord gave them;  
they were not disappointed in what they craved.*

Or

*God so loved the world  
that he gave his Only Begotten Son,  
so that all who believe in him may not perish,  
but may have eternal life.*

**PRAYER AFTER COMMUNION**

Having fed upon these heavenly delights,  
we pray, O Lord,  
that we may always long  
for that food by which we truly live.  
Through Christ our Lord.  
**Amen.**