

ENTRANCE ANTIPHON

*Let my prayer come into your presence.
Incline your ear to my cry for help, O Lord.*

COLLECT

Almighty and merciful God,
graciously keep from us all adversity,
so that, unhindered in mind and body alike,
we may pursue in freedom of heart
the things that are yours.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING 1 Kings 17:10-16

A reading from the first book of the Kings.

Elijah the Prophet went off to Sidon. And when he reached the city gate, there was a widow gathering sticks; addressing her he said, "Please bring a little water in a vessel for me to drink." She was setting off to bring it when he called after her. "Please", he said, "bring me a scrap of bread in your hand." "As the Lord your God lives," she replied, "I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die." But Elijah said to her, "Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

'Jar of meal shall not be spent,
jug of oil shall not be emptied,
before the day when the Lord sends
rain on the face of the earth.'

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

The word of the Lord.
Thanks be to God.

PSALM Psalm 145

RESPONSE: *My soul, give praise to the Lord.*

Or **Alleluia!**

1. It is the Lord who keeps faith for ever,
who is just to those who are oppressed.
It is he who gives bread to the hungry,
the Lord, who sets prisoners free. **R.**
2. It is the Lord who gives sight to the blind,
who raises up those who are bowed down.
It is the Lord who loves the just,
the Lord, who protects the stranger. **R.**
3. The Lord upholds the widow and orphan
but thwarts the path of the wicked.
The Lord will reign for ever,
Zion's God, from age to age. **R.**

SECOND READING Hebrews 9:24-28

A reading from the letter to the Hebrews.

It is not as though Christ had entered a man-made sanctuary which was only modelled on the real one; but it was heaven itself, so that he could appear in the actual presence of God on our behalf. And he does not have to offer himself again and again, like the high priest going into the sanctuary year after year with the blood that is not his own, or else he would have had to suffer

over and over again since the world began. Instead of that, he has made his appearance once and for all, now at the end of the last age, to do away with sin by sacrificing himself. Since men only die once, and after that comes judgement, so Christ, too, offers himself only once to take the faults of many on himself, and when he appears a second time, it will not be to deal with sin but to reward with salvation those who are waiting for him.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
*Even if you have to die, says the Lord,
keep faithful, and I will give you
the crown of life.*
Alleluia!

Or

Alleluia, alleluia!
*How happy are the poor in spirit;
theirs is the kingdom of heaven.*
Alleluia!

GOSPEL Mark 12:38-44

A reading from the holy Gospel according to Mark.
(For shorter form read between > <)

In his teaching Jesus said, "Beware of the scribes who like to walk about in long robes, to be greeted obsequiously in the market squares, to take the front seats in the synagogues and the places of honour at banquets; these are the men who swallow the property of widows, while making a show of lengthy prayers. The more severe will be the sentence they receive."

> He sat down opposite the treasury and watched the people putting money into the treasury, and many of the rich put in a great deal. A poor widow came and put in two small coins, the equivalent of a penny. Then he called his disciples and said to them, "I tell you solemnly, this poor widow has put more in than all who have contributed to the treasury; for they have all put in money they had over, but she from the little she had has put in everything she possessed, all she had to live on." <

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Look with favour, we pray, O Lord,
upon the sacrificial gifts offered here,
that, celebrating in mystery the Passion of your Son,
we may honour it with loving devotion.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

*The Lord is my shepherd; there is nothing I shall want.
Fresh and green are the pastures where he gives me repose,
near restful waters he leads me.*

Or

The disciples recognised the Lord Jesus in the breaking of bread.

PRAYER AFTER COMMUNION

Nourished by this sacred gift, O Lord,
we give you thanks and beseech your mercy,
that, by the pouring forth of your Spirit,
the grace of integrity may endure
in those your heavenly power has entered.
Through Christ our Lord.
Amen.