Lift up your hearts. We lift them up to the Lord.

Let us give thanks to the Lord our God. It is right and just.

The priest gives praise to God and all acclaim:

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

After the Consecration we acclaim the mystery of faith:

We proclaim your Death, O Lord, and profess your Resurrection until vou come again.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

Save us. Saviour of the world. for by your Cross and Resurrection you have set us free.

At the end of the Eucharistic Prayer: Amen.

The Communion Rite

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us: and lead us not into temptation, but deliver us from evil. Deliver us...

For the kingdom. the power and the glory are yours now and for ever.

The peace of the Lord be with you always. And with your spirit.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Behold the Lamb of God...

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Antiphon

Jerusalem is built as a city bonded as one together.

It is there that the tribes go up, the tribes of the Lord.

to praise the name of the Lord.

Prayer after Communion

O God, who enlighten everyone who comes into this world.

illuminate our hearts, we pray, with the splendour of your grace, that we may always ponder what is worthy and pleasing to your majesty and love you in all sincerity...

Amen.

THE CONCLUDING RITES

The Lord be with you. And with your spirit.

May almighty God bless you. Amen.

At the end of Mass the people respond:

Thanks be to God.









4TH SUNDAY OF LENT

Note: Other prayers and readings may be used if the Scrutinies are celebrated today.

THE INTRODUCTORY RITES

Entrance Antiphon

Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

All make the Sign of the Cross as the priest savs:

Priest In the name of the Father, and of the Son, and of the Holy Spirit.

People Amen.

The priest greets the people in one of these

The grace of our Lord Jesus Christ, and the love of God. and the communion of the Holy Spirit be with you all.

And with your spirit.

or

Grace to you and peace from God our Father and the Lord Jesus Christ.

And with your spirit.

The Lord be with you. And with your spirit.

Penitential Act

One of the following acts of penance is now made:

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do.

(all strike their breast and say:)

through my fault, through my fault, through my most grievous fault;

therefore I ask blessed Mary ever-Virgin, all the Angels and Saints.

and you, my brothers and sisters, to pray for me to the Lord our God.

Have mercy on us, O Lord. For we have sinned against you.

Show us, O Lord, your mercy. And grant us your salvation.

Lord. have mercy. Kvrie, eleison, Lord, have mercy. Kyrie, eleison.

Christ, have mercy. Christ, have mercy.

Christe, eleison. Christe, eleison.

Lord, have mercy. Lord, have mercy. Kyrie, eleison. Kyrie, eleison.

After the absolution all respond: Amen.

The Collect

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come... Amen.

THE LITURGY OF THE WORD

First Reading 2 Chronicles 36:14-16. 19-23 A reading from the second book of Chronicles.

The wrath and mercy of God are revealed in the exile and in the release of his people.

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God,

they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, "Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation."

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: "Thus speaks Cyrus king of Persia, 'The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."

The word of the Lord. **Thanks be to God.**

Psalm Psalm136

- R. O let my tongue cleave to my mouth if I remember you not!
- By the rivers of Babylon there we sat and wept, remembering Zion; on the poplars that grew there we hung up our harps. R.
- For it was there that they asked us, our captors, for songs, our oppressors, for joy.
 "Sing to us," they said, "one of Zion's songs." R.

- O how could we sing the song of the Lord on alien soil?
 If I forget you, Jerusalem, let my right hand wither! R.
- 4. O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys! R.

Second Reading Ephesians 2:4-10

A reading from the letter of St Paul to the Ephesians.

You who were dead through your sins have been saved through grace.

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Glory and praise to you, O Christ!

God loved the world so much that he gave his only Son;

everyone who believes in him has eternal life.

Glory and praise to you, O Christ!

The Lord be with you. **And with your spirit.**

A reading from the holy Gospel according to John.

Glory to you, O Lord.

Gospel John 3:14-21

God sent his Son so that through him the world might be saved.

Jesus said to Nicodemus:

"The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost

but may have eternal life. For God sent his Son into the world not to condemn the world,

but so that through him the world might be saved.

No one who believes in him will be condemned;

but whoever refuses to believe is condemned already,

because he has refused to believe in the name of God's only Son.

On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer

darkness to the light

because their deeds were evil.

And indeed, everybody who does wrong hates the light and avoids it.

for fear his actions should be exposed;

but the man who lives by the truth comes out into the light,

so that it may be plainly seen that what he does is done in God."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, (all bow during the next two lines:)

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead:

he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

If the prayers of blessing are said aloud the people acclaim each time:

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

May the Lord accept the sacrifice at your hands

for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

We place before you with joy these offerings,

which bring eternal remedy, O Lord, praying that we may both faithfully revere them

and present them to you, as is fitting, for the salvation of all the world... **Amen.**

The Eucharistic Prayer

The Lord be with you.

And with your spirit.