

The Communion Rite

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.

Deliver us...
For the kingdom,
the power and the glory are yours
now and for ever.

The peace of the Lord be with you always.
And with your spirit.

Lamb of God, you take away the sins of
the world, have mercy on us.

Lamb of God, you take away the sins of
the world, have mercy on us.

Lamb of God, you take away the sins of
the world, grant us peace.

Behold the Lamb of God...
Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

Communion Antiphon

The eyes of all look to you, Lord,
and you give them their food in due
season.

or

I am the Good Shepherd,
and I lay down my life for my sheep, says
the Lord.

Prayer after Communion

Renewed and nourished
by the Sacred Body and Precious Blood of
your Son,
we ask of your mercy, O Lord,
that what we celebrate with constant
devotion
may be our sure pledge of redemption....
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son, and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

The Lord is the strength of his people,
a saving refuge for the one he has
anointed.

Save your people, Lord, and bless your
heritage,
and govern them for ever.

*All make the Sign of the Cross as
the priest says:*

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

People Amen.

*The priest greets the people in one of
these ways:*

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

or

Grace to you and peace from God our Father
and the Lord Jesus Christ.

And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act

*One of the following acts of penance is
now made:*

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

(all strike their breast and say:)

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. or Kyrie, eleison.
Lord, have mercy. or Kyrie, eleison.

Christ, have mercy. or Christe, eleison.
Christ, have mercy. or Christe, eleison.

Lord, have mercy. or Kyrie, eleison.
Lord, have mercy. or Kyrie, eleison.

After the absolution all respond: Amen.

The Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

The Collect

Grant, O Lord,
that we may always revere and love your
holy name,
for you never deprive of your guidance
those who set firm on the foundation of your
love... Amen.

THE LITURGY OF THE WORD

First Reading Job 38:1. 8-11

A reading from the book of Job.

Here your proud waves shall break.

From the heart of the tempest the Lord gave Job his answer. He said:

Who pent up the sea behind closed doors
when it leapt tumultuous out of the womb,
when I wrapped it in a robe of mist
and made black clouds its swaddling
bands;
when I marked the bounds it was not to
cross
and made it fast with a bolted gate?
Come thus far, I said, and no farther:
here your proud waves shall break.

The word of the Lord.

Thanks be to God.

Psalm Psalm 106

**R. O give thanks to the Lord,
for his love endures for ever.**

or Alleluia!

1. Some sailed to the sea in ships
to trade on the mighty waters.
These men have seen the Lord's deeds,
the wonders he does in the deep. **R.**
2. For he spoke; he summoned the gale,
tossing the waves of the sea
up to heaven and back into the deep;
their soul melted away in their distress. **R.**
3. Then they cried to the Lord in their need
and he rescued them from their distress.
He stilled the storm to a whisper:
all the waves of the sea were hushed. **R.**
4. They rejoiced because of the calm
and he led them to the haven they desired.
Let them thank the Lord for his love,
the wonders he does for men. **R.**

Second Reading 2 Corinthians 5:14-17

A reading from the second letter of St Paul to the Corinthians.

Now the new creation is here.

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

**May the Father of our Lord Jesus Christ enlighten the eyes of our mind,
so that we can see what hope his call holds for us.**

Alleluia!

or

Alleluia, alleluia!

**A great prophet has appeared among us;
God has visited his people.**

Alleluia!

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

Glory to you, O Lord.

Gospel Mark 4:35-41

Who can this be? Even the wind and the sea obey him.

With the coming of evening, Jesus said to his disciples, "Let us cross over to the other side." And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, "Master, do you not care? We are going down!" And he woke up and rebuked the wind and said to the sea, "Quiet now! Be calm!" And the wind dropped, and all was calm again. Then he said to them, "Why are you so frightened? How is it that you have no faith?" They were filled with awe and said to one another, "Who can this be? Even the wind and the sea obey him."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.**

**For us men and for our salvation
he came down from heaven,**

(all bow during the next three lines)

**and by the Holy Spirit was incarnate of
the Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the
giver of life,
who proceeds from the Father and the
Son,**

**who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the forgiveness
of sins**

**and I look forward to the resurrection of
the dead
and the life of the world to come.
Amen.**

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the
people acclaim each time:*

Blessed be God for ever.

Pray, brethren (brothers and sisters)...
**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

Receive, O Lord, the sacrifice of conciliation
and praise
and grant that, cleansed by its action,
we may make offering of a heart pleasing to
you... **Amen.**

The Eucharistic Prayer

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

**Blessed is he who comes in the name of
the Lord.**

Hosanna in the highest.

*After the Consecration we acclaim the
mystery of faith:*

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

or

**When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.**

or

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

At the end of the Eucharistic Prayer:

Amen.