

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:
**Holy, Holy, Holy Lord God of hosts,
 Heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is he who comes in the name of
 the Lord.
 Hosanna in the highest.**

*After the Consecration we acclaim the
 mystery of faith:*
**We proclaim your Death, O Lord,
 and profess your Resurrection
 until you come again.**

or

**When we eat this Bread and drink this Cup,
 we proclaim your Death, O Lord,
 until you come again.**

or

**Save us, Saviour of the world,
 for by your Cross and Resurrection
 you have set us free.**

At the end of the Eucharistic Prayer:
Amen.

The Communion Rite

**Our Father, who art in heaven,
 hallowed be thy name;
 thy kingdom come,
 thy will be done
 on earth as it is in heaven.
 Give us this day our daily bread,
 and forgive us our trespasses,
 as we forgive those who trespass against
 us;
 and lead us not into temptation,
 but deliver us from evil.**

Deliver us...
**For the kingdom,
 the power and the glory are yours
 now and for ever.**

The peace of the Lord be with you always.
And with your spirit.

**Lamb of God, you take away the sins of
 the world, have mercy on us.
 Lamb of God, you take away the sins of
 the world, have mercy on us.
 Lamb of God, you take away the sins of
 the world, grant us peace.**

Behold the Lamb of God...
**Lord, I am not worthy
 that you should enter under my roof,
 but only say the word
 and my soul shall be healed.**

Communion Antiphon

**The earth is replete with the fruits of your
 work, O Lord;
 you bring forth bread from the earth
 and wine to cheer the heart.**

or

**Whoever eats my flesh and drinks my
 blood
 has eternal life, says the Lord,
 and I will raise him up on the last day.**

Prayer after Communion

Complete within us, O Lord, we pray,
 the healing work of your mercy
 and graciously perfect and sustain us,
 so that in all things we may please you...
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
 the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

**Turn your ear, O Lord, and answer me;
 save the servant who trusts in you, my God.
 Have mercy on me, O Lord, for I cry to you
 all the day long.**

*All make the Sign of the Cross as the
 priest says:*

Priest In the name of the Father,
 and of the Son,
 and of the Holy Spirit.

People Amen.

*The priest greets the people in one of
 these ways:*

The grace of our Lord Jesus Christ,
 and the love of God,
 and the communion of the Holy Spirit
 be with you all.
And with your spirit.

or

Grace to you and peace from God our Father
 and the Lord Jesus Christ.
And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act

*One of the following acts of penance is now
 made:*

**I confess to almighty God
 and to you, my brothers and sisters,
 that I have greatly sinned,
 in my thoughts and in my words,
 in what I have done and in what I have
 failed to do,**

(all strike their breast and say:)

**through my fault, through my fault,
 through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
 all the Angels and Saints,**

**and you, my brothers and sisters,
 to pray for me to the Lord our God.**

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

Christ, have mercy. *or* Christe, eleison.
Christ, have mercy. Christe, eleison.

Lord, have mercy. *or* Kyrie, eleison.
Lord, have mercy. Kyrie, eleison.

After the absolution all respond:
Amen.

The Gloria

**Glory to God in the highest,
 and on earth peace to people of good will.**

**We praise you,
 we bless you,
 we adore you,
 we glorify you,
 we give you thanks for your great glory,
 Lord God, heavenly King,
 O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
 Lord God, Lamb of God, Son of the Father,
 you take away the sins of the world,
 have mercy on us;
 you take away the sins of the world,
 receive our prayer;
 you are seated at the right hand of the
 Father, have mercy on us.**

**For you alone are the Holy One,
 you alone are the Lord,
 you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father.
 Amen.**

The Collect

O God, who cause the minds of the faithful to unite in a single purpose, grant your people to love what you command and to desire what you promise, that, amid the uncertainties of this world, our hearts may be fixed on that place where true gladness is found...
Amen.

THE LITURGY OF THE WORD

First Reading Joshua 24:1-2. 15-18

A reading from the book of Joshua.

We will serve the Lord, for he is our God.

Joshua gathered all the tribes of Israel together at Shechem; then he called the elders, leaders, judges and scribes of Israel, and they presented themselves before God. Then Joshua said to all the people: "If you will not serve the Lord, choose today whom you wish to serve, whether the gods that your ancestors served beyond the River, or the gods of the Amorites in whose land you are now living. As for me and my House, we will serve the Lord."

The people answered, "We have no intention of deserting the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed. We too will serve the Lord, for he is our God."

The word of the Lord.

Thanks be to God.

Psalm Psalm 33

R. Taste and see that the Lord is good.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **R.**
2. The Lord turns his face against the wicked to destroy their remembrance from the earth. The Lord turns his eyes to the just and his ears to their appeal. **R.**

3. They call and the Lord hears and rescues them in all their distress. The Lord is close to the broken-hearted; those whose spirit is crushed he will save. **R.**
4. Many are the trials of the just man but from them all the Lord will rescue him. He will keep guard over all his bones, not one of his bones shall be broken. **R.**
5. Evil brings death to the wicked; those who hate the good are doomed. The Lord ransoms the souls of his servants. Those who hide in him shall not be condemned. **R.**

Second Reading Ephesians 5:21-32

A reading from the letter of St Paul to the Ephesians.

This mystery has many implications for Christ and his Church.

Give way to one another in obedience to Christ. Wives should regard their husbands as they regard the Lord, since as Christ is head of the Church and saves the whole body, so is a husband the head of his wife; and as the Church submits to Christ, so should wives to their husbands, in everything. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious, with no speck or wrinkle or anything like that, but holy and faultless. In the same way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body – and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

**Alleluia, alleluia!
Your words are spirit, Lord,
and they are life:
you have the message of eternal life.
Alleluia!**

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to John.

Glory to you, O Lord.

Gospel John 6:60-69

Whom shall we go to? You have the message of eternal life.

After hearing his doctrine many of the followers of Jesus said, "This is intolerable language. How could anyone accept it?" Jesus was aware that his followers were complaining about it and said, "Does this upset you? What if you should see the Son of Man ascend to where he was before?"

"It is the spirit that gives life, the flesh has nothing to offer.

The words I have spoken to you are spirit and they are life.

"But there are some of you who do not believe." For Jesus knew from the outset those who did not believe, and who it was that would betray him. He went on, "This is why I told you that no one could come to me unless the Father allows him." After this, many of his disciples left him and stopped going with him.

Then Jesus said to the Twelve, "What about you, do you want to go away too?" Simon Peter answered, "Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

(all bow during the next three lines)

**and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the
giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic
Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of
the dead
and the life of the world to come. Amen.**

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the
people acclaim each time:*

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your
hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

O Lord, who gained for yourself a people by adoption through the one sacrifice offered once for all, bestow graciously on us, we pray, the gifts of unity and peace in your Church...
Amen.