

**The Eucharistic Prayer**

The Lord be with you.  
**And with your spirit.**

Lift up your hearts.  
**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

*The priest gives praise to God and all acclaim:*  
**Holy, Holy, Holy Lord God of hosts.**  
**Heaven and earth are full of your glory.**  
**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**  
**Hosanna in the highest.**

*After the Consecration we acclaim the mystery of faith:*

**We proclaim your Death, O Lord,**  
**and profess your Resurrection**  
**until you come again.**

*or*

**When we eat this Bread and drink this Cup,**  
**we proclaim your Death, O Lord,**  
**until you come again.**

*or*

**Save us, Saviour of the world,**  
**for by your Cross and Resurrection**  
**you have set us free.**

*At the end of the Eucharistic Prayer: Amen.*

**The Communion Rite**

**Our Father, who art in heaven,**  
**hallowed be thy name;**  
**thy kingdom come,**  
**thy will be done**  
**on earth as it is in heaven.**  
**Give us this day our daily bread,**  
**and forgive us our trespasses,**  
**as we forgive those who trespass against us;**  
**and lead us not into temptation,**  
**but deliver us from evil.**

Deliver us...  
**For the kingdom,**  
**the power and the glory are yours**  
**now and for ever.**

The peace of the Lord be with you always.  
**And with your spirit.**

**Lamb of God, you take away the sins of the world, have mercy on us.**  
**Lamb of God, you take away the sins of the world, have mercy on us.**  
**Lamb of God, you take away the sins of the world, grant us peace.**

Behold the Lamb of God...  
**Lord, I am not worthy**  
**that you should enter under my roof,**  
**but only say the word**  
**and my soul shall be healed.**

**Communion Antiphon**  
**Bless the Lord, O my soul,**  
**and never forget all his benefits.**

*or*

**Blessed are the merciful, for they shall receive mercy.**  
**Blessed are the clean of heart, for they shall see God.**

**Prayer after Communion**  
 We have consumed, O Lord, this divine Sacrament,  
 the perpetual memorial of the Passion of your Son;  
 grant, we pray, that this gift,  
 which he himself gave us with love beyond all telling,  
 may profit us for salvation...  
**Amen.**

**THE CONCLUDING RITES**

The Lord be with you.  
**And with your spirit.**  
 May almighty God bless you,  
 the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*At the end of Mass the people respond:*  
**Thanks be to God.**

**THE INTRODUCTORY RITES**

**Entrance Antiphon**  
**God is in his holy place,**  
**God who unites those who dwell in his house;**  
**he himself gives might and strength to his people.**

*All make the Sign of the Cross as the priest says:*

**Priest** In the name of the Father,  
 and of the Son,  
 and of the Holy Spirit.

**People** Amen.

*The priest greets the people in one of these ways:*

The grace of our Lord Jesus Christ,  
 and the love of God,  
 and the communion of the Holy Spirit  
 be with you all.  
**And with your spirit.**

*or*

Grace to you and peace from God our Father  
 and the Lord Jesus Christ.  
**And with your spirit.**

*or*

The Lord be with you.  
**And with your spirit.**

**Penitential Act**  
*One of the following acts of penance is now made:*

**I confess to almighty God**  
**and to you, my brothers and sisters,**  
**that I have greatly sinned,**  
**in my thoughts and in my words,**  
**in what I have done and in what I have failed to do,**

*(all strike their breast and say)*

**through my fault, through my fault,**  
**through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,**  
**all the Angels and Saints,**

**and you, my brothers and sisters,**  
**to pray for me to the Lord our God.**

*or*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*or*

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.  
**Christ, have mercy. Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

*After the absolution all respond:*  
**Amen.**

**The Gloria**  
**Glory to God in the highest,**  
**and on earth peace to people of good will.**

**We praise you,**  
**we bless you,**  
**we adore you,**  
**we glorify you,**  
**we give you thanks for your great glory,**  
**Lord God, heavenly King,**  
**O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,**  
**Lord God, Lamb of God, Son of the Father,**  
**you take away the sins of the world,**  
**have mercy on us;**  
**you take away the sins of the world,**  
**receive our prayer;**  
**you are seated at the right hand of the Father, have mercy on us.**

**For you alone are the Holy One,**  
**you alone are the Lord,**  
**you alone are the Most High,**  
**Jesus Christ,**  
**with the Holy Spirit,**  
**in the glory of God the Father.**  
**Amen.**

## The Collect

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure...  
**Amen.**

## THE LITURGY OF THE WORD

### First Reading 2 Kings 4:42-44

A reading from the second book of the Kings.

*They will eat and have some left over.*

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. "Give it to the people to eat," Elisha said. But his servant replied, "How can I serve this to a hundred men?" "Give it to the people to eat," he insisted, "for the Lord says this, 'They will eat and have some left over.'" He served them; they ate and had some over, as the Lord had said.

The word of the Lord.

**Thanks be to God.**

### Psalm Psalm 144

**R. You open wide your hand, O Lord, and grant our desires.**

1. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing.  
They shall speak of the glory of your reign and declare your might, O God. **R.**
2. The eyes of all creatures look to you and you give them their food in due time.  
You open wide your hand, grant the desires of all who live. **R.**
3. The Lord is just in all his ways and loving in all his deeds.  
He is close to all who call him, who call on him from their hearts. **R.**

### Second Reading Ephesians 4:1-6

A reading from the letter of St Paul to the Ephesians.

*One Body, one Lord, one faith, one baptism.*

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

The word of the Lord.

**Thanks be to God.**

### Gospel Acclamation

**Alleluia, alleluia!**

**Your words are spirit, Lord, and they are life:**

**you have the message of eternal life.**

**Alleluia!**

*or*

**Alleluia, alleluia!**

**A great prophet has appeared among us; God has visited his people.**

**Alleluia!**

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

### Gospel John 6:1-15

*Jesus gave out as much as was wanted to all who were sitting ready.*

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, "Where can we buy some bread for these people

to eat?" He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, "Two hundred denarii would only buy enough to give them a small piece each." One of his disciples, Andrew, Simon Peter's brother, said, "There is a small boy here with five barley loaves and two fish; but what is that between so many?" Jesus said to them, "Make the people sit down." There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, "Pick up the pieces left over, so that nothing gets wasted." So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, "This really is the prophet who is to come into the world." Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### The Homily

#### The Profession of Faith

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (all bow during the next three lines) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.**

**For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.**

**I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.**

*The bidding prayers now follow:*

Let us pray to the Lord.

**Lord, hear our prayer.**

## THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

### Prayer over the Offerings

Accept, O Lord, we pray, the offerings which we bring from the abundance of your gifts, that through the powerful working of your grace these most sacred mysteries may sanctify our present way of life and lead us to eternal gladness... **Amen.**