

Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

*At the end of the Eucharistic Prayer:*  
Amen.

### The Communion Rite

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.

Deliver us...  
For the kingdom,  
the power and the glory are yours  
now and for ever.

The peace of the Lord be with you always.  
And with your spirit.

Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, grant us peace.

Behold the Lamb of God...  
Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.

### Communion Antiphon

We will ring out our joy at your saving help  
and exult in the name of our God.

*or*

Christ loved us and gave himself up for us,  
as a fragrant offering to God.

### Prayer after Communion

May your Sacraments, O Lord, we pray,  
perfect in us what lies within them,  
that what we now celebrate in signs  
we may one day possess in truth...  
Amen.

### THE CONCLUDING RITES

The Lord be with you.  
And with your spirit.

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
Amen.

*At the end of Mass the people respond:*  
Thanks be to God.

### THE INTRODUCTORY RITES

#### Entrance Antiphon

Let the hearts that seek the Lord rejoice;  
turn to the Lord and his strength;  
constantly seek his face.

*All make the Sign of the Cross as the priest  
says:*

**Priest** In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**People** Amen.

*The priest greets the people in one of  
these ways:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.  
And with your spirit.

*or*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.  
And with your spirit.

*or*

The Lord be with you.  
And with your spirit.

#### Penitential Act

*One of the following acts of penance is  
now made:*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

*(all strike their breast and say:)*

through my fault, through my fault,  
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

*or*

Have mercy on us, O Lord.  
For we have sinned against you.

Show us, O Lord, your mercy.  
And grant us your salvation.

*or*

Lord, have mercy. *or* Kyrie, eleison.  
Lord, have mercy. **Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.  
Christ, have mercy. **Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.  
Lord, have mercy. **Kyrie, eleison.**

*After the absolution all respond: Amen.*

### The Gloria

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the  
Father, have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### The Collect

Almighty ever-living God,  
increase our faith, hope and charity,  
and make us love what you command,  
so that we may merit what you promise...  
Amen.

## THE LITURGY OF THE WORD

### First Reading Exodus 22:20-26

A reading from the book of Exodus.

*If you are harsh with the widow, the orphan, my anger will flare against you.*

The Lord said to Moses, "Tell the sons of Israel this, 'You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

'If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

'If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity.'"

The word of the Lord.

**Thanks be to God.**

### Psalm Psalm 17

#### R. I love you, Lord, my strength.

1. I love you, Lord, my strength,  
my rock, my fortress, my saviour.  
My God is the rock where I take refuge;  
my shield, my mighty help, my  
stronghold.

The Lord is worthy of all praise:  
when I call I am saved from my foes. **R.**

2. Long life to the Lord, my rock!  
Praised be the God who saves me.  
He has given great victories to his king  
and shown his love for his anointed. **R.**

### Second Reading 1 Thessalonians 1:5-10

A reading from the first letter of St Paul to the Thessalonians.

*You broke with idolatry and became servants of God; you are now waiting for his Son.*

You observed the sort of life we lived when we were with you, which was for your

instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

The word of the Lord.

**Thanks be to God.**

### Gospel Acclamation

**Alleluia, alleluia!**

**Open our heart, O Lord,  
to accept the words of your Son.  
Alleluia!**

*or*

**Alleluia, alleluia!  
If anyone loves me he will keep my word,  
and my Father will love him,  
and we shall come to him.  
Alleluia!**

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Matthew.

**Glory to you, O Lord.**

### Gospel Matthew 22:34-40

*You must love the Lord your God and your neighbour as yourself.*

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, "Master, which is the greatest commandment of the Law?" Jesus said, "You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it:

You must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### The Homily

#### The Profession of Faith

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*(all bow during the next three lines)*  
and by the Holy Spirit was incarnate of  
the Virgin Mary,  
and became man.**

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the  
Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the  
Son,  
who with the Father and the Son is  
adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

### The bidding prayers now follow:

Let us pray to the Lord.

**Lord, hear our prayer.**

## THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...  
**May the Lord accept the sacrifice at  
your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Prayer over the Offerings

Look, we pray, O Lord,  
on the offerings we make to your majesty,  
that whatever is done by us in your service  
may be directed above all to your glory...  
**Amen.**

### The Eucharistic Prayer

The Lord be with you.  
**And with your spirit.**

Lift up your hearts.  
**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

*The priest gives praise to God and all acclaim:*  
**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

*After the Consecration we acclaim the  
mystery of faith:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*or*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*or*