

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

The priest gives praise to God and all acclaim:
Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest.

After the Consecration we acclaim the
mystery of faith:

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

or

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

or

Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

At the end of the Eucharistic Prayer:
Amen.

The Communion Rite

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against
us;
and lead us not into temptation,
but deliver us from evil.

Deliver us...

For the kingdom,
the power and the glory are yours
now and for ever.

The peace of the Lord be with you always.
And with your spirit.

Lamb of God, you take away the sins of
the world, have mercy on us.
Lamb of God, you take away the sins of
the world, have mercy on us.
Lamb of God, you take away the sins of
the world, grant us peace.

Behold the Lamb of God...
Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

Communion Antiphon

The Lord is my shepherd; there is nothing
I shall want.

Fresh and green are the pastures where he
gives me repose,
near restful waters he leads me.

or

The disciples recognised the Lord Jesus in
the breaking of bread.

Prayer after Communion

Nourished by this sacred gift, O Lord,
we give you thanks and beseech your mercy,
that, by the pouring forth of your Spirit,
the grace of integrity may endure
in those your heavenly power has entered...
Amen.

THE CONCLUDING RITES

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

At the end of Mass the people respond:
Thanks be to God.

THE INTRODUCTORY RITES

Entrance Antiphon

Let my prayer come into your presence.
Incline your ear to my cry for help, O Lord.

All make the Sign of the Cross as the priest
says:

Priest In the name of the Father,
and of the Son,
and of the Holy Spirit.

People Amen.

The priest greets the people in one of these
ways:

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.
And with your spirit.

or

Grace to you and peace from God our Father
and the Lord Jesus Christ.
And with your spirit.

or

The Lord be with you.
And with your spirit.

Penitential Act

One of the following acts of penance is now
made:

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

(all strike their breast and say:)

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

or

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

or

Lord, have mercy. or Kyrie, eleison.
Lord, have mercy. or **Kyrie, eleison.**

Christ, have mercy. or Christe, eleison.
Christ, have mercy. or **Christe, eleison.**

Lord, have mercy. or Kyrie, eleison.
Lord, have mercy. or **Kyrie, eleison.**

After the absolution all respond: Amen.

The Gloria

Glorify God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

The Collect

Almighty and merciful God,
graciously keep from us all adversity,
so that, unhindered in mind and body alike,
we may pursue in freedom of heart
the things that are yours...
Amen.

THE LITURGY OF THE WORD

First Reading 1 Kings 17:10-16

A reading from the first book of the Kings.

The widow made a little scone from her meal and brought it to Elijah.

Elijah the Prophet went off to Sidon. And when he reached the city gate, there was a widow gathering sticks; addressing her he said, "Please bring a little water in a vessel for me to drink." She was setting off to bring it when he called after her. "Please", he said, "bring me a scrap of bread in your hand." "As the Lord your God lives," she replied, "I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die." But Elijah said to her, "Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

'Jar of meal shall not be spent,
jug of oil shall not be emptied,
before the day when the Lord sends
rain on the face of the earth.'

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

The word of the Lord.

Thanks be to God.

Psalms Psalm 145

R. My soul, give praise to the Lord.

or

Alleluia!

1. It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. **R.**
2. It is the Lord who gives sight to the blind, who raises up those who are bowed down. It is the Lord who loves the just, the Lord, who protects the stranger. **R.**

3. The Lord upholds the widow and orphan but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. **R.**

Second Reading Hebrews 9:24-28

A reading from the letter to the Hebrews.

Christ offers himself only once to take the faults of many on himself.

It is not as though Christ had entered a man-made sanctuary which was only modelled on the real one; but it was heaven itself, so that he could appear in the actual presence of God on our behalf. And he does not have to offer himself again and again, like the high priest going into the sanctuary year after year with the blood that is not his own, or else he would have had to suffer over and over again since the world began. Instead of that, he has made his appearance once and for all, now at the end of the last age, to do away with sin by sacrificing himself. Since men only die once, and after that comes judgement, so Christ, too, offers himself only once to take the faults of many on himself, and when he appears a second time, it will not be to deal with sin but to reward with salvation those who are waiting for him.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Alleluia, alleluia!

**Even if you have to die, says the Lord,
keep faithful, and I will give you
the crown of life.**

Alleluia!

or

**Alleluia, alleluia!
How happy are the poor in spirit;
theirs is the kingdom of heaven.
Alleluia!**

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Mark.

Glory to you, O Lord.

Gospel Mark 12:38-44

(For shorter form read between > <)

This poor widow has put in more than all.

In his teaching Jesus said, "Beware of the scribes who like to walk about in long robes, to be greeted obsequiously in the market squares, to take the front seats in the synagogues and the places of honour at banquets; these are the men who swallow the property of widows, while making a show of lengthy prayers. The more severe will be the sentence they receive."

> He sat down opposite the treasury and watched the people putting money into the treasury, and many of the rich put in a great deal. A poor widow came and put in two small coins, the equivalent of a penny. Then he called his disciples and said to them, "I tell you solemnly, this poor widow has put more in than all who have contributed to the treasury; for they have all put in money they had over, but she from the little she had has put in everything she possessed, all she had to live on." <

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

The Profession of Faith

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with
the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

(all bow during the next three lines)

**and by the Holy Spirit was incarnate of the
Virgin Mary,
and became man.**

**For our sake he was crucified under
Pontius Pilate,**

**he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the
giver of life,
who proceeds from the Father and the
Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic
Church.**

**I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of
the dead
and the life of the world to come.
Amen.**

The bidding prayers now follow:

Let us pray to the Lord.

Lord, hear our prayer.

THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the
people acclaim each time:*

Blessed be God for ever.

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your
hands**

**for the praise and glory of his name,
for our good
and the good of all his holy Church.**

Prayer over the Offerings

Look with favour, we pray, O Lord,
upon the sacrificial gifts offered here,
that, celebrating in mystery the Passion of
your Son,
we may honour it with loving devotion...
Amen.